



HAPPY KIDS LESSON PLAN - HEALTH EDUCATION

Week 1 - Anatomy

Subjects	Body Parts I	Body Parts II	Physical Education
Activity	Body Parts Memory Game	Organs Matching Game	DIY Mini Golf
Question Time	What body part you use most? Which body part is used for hearing?	What body part is in our head? Which human organ is used for thinking?	What is your favorite sport? Which sport is played with a ball?
Vocabulary	<i>head, hands, brain, heart, sports, Physical Education</i>		
Sentences	hearing. / use / ears / for / my / I I use my ____ the most.	brain / use / our / to think. / We The ____ is in our head.	My favorite sport is ____. ball. / is / played / with / a / Golf

Week 2 - Labor Health

Subjects	Lifting Weight	Eyes Protection
Activity	Strength Challenge	DIY paper sunglasses
Question Time	Which is heavier a car or an Elephant? How heavy is a school chair?	Do you like sunglasses? Which tool protects our eyes?
Vocabulary	<i>lift, eye, weight, protection, strength, challenge</i>	
Sentences	A ____ is heavier than a ____. UNDERLINE HERE / kg / chair / is / school / A	I ____ sunglasses. protect / our / Sunglasses / eyes.

Week 3 - Accident Prevention

Subjects	Safety Signs and Symbols	Electric Shock Safety	Stranger Danger
Activity	Signs and Symbols Matching Game	Image description Game	Role-play scenarios
Question Time	Do you think signs are important? Can you see any sign near your school?	Do we need to be careful when plugging things? What NOT to do when plugging something?	Can we talk with strangers on the street? Which stranger is safer?
Vocabulary	<i>sign, symbol, plug, electric shock, danger, stranger, wall socket</i>		
Sentences	I can see a ____ sign near my school. safe. / are / important / to / keep / us / Signs	When plugging something, don't ____. things. / need / to / be / plugging / when / careful / We	The ____ is a safe stranger to talk. street. / talk / can't / with / strangers / on / the / We

Week 4 - General Safety

Subjects	Five Senses	Online Safety
Activity	Blindfold games (Obstacle/path)	True/False Quiz Game
Question Time	Can you identify objects without seeing them? Which one is NOT one of the five senses?	Do you like to use the internet? Which option is correct? When a stranger asks online our school name:
Vocabulary	<i>true, false, safety, online, five senses, obstacle</i>	
Sentences	____ identify objects without seeing them. senses. / is / the / one / of / not / five / sleep	If a stranger asks online our school's name we ____. I / to / videos / to / use / the / like / watch / internet.